

Monthly Wellness Theme:

**Spring Is Finally Here!**



- April Fools Day
- Earth Day
- Easter Weekend
- Spring Cleaning
- Tax Season

See Info Table Mon/Tue/Wed 4:30-5:30 PM

**Book a Massage!**




See Massage Poster for This Month's **Massage Dates!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Sports Coaching Pool Tourney	2 Aroma-therapy Bollywood Movie	3 Darts Tourney	4 Putt Tourney	5 Movie Night	6 Poker Tourney
7 Sports Sunday	8 Rustic Sign Nite Pool Tourney	9 Farm House Clock Making Bollywood Movie	10 Darts Tourney	11 Putt Tourney	12 Movie Night	13 Poker Tourney
14 Sports Sunday	15 Intro to Spanish Pool Tourney	16 Bible Study Class Bollywood Movie	17 Darts Tourney	18 Putt Tourney	19 Movie Night	20 Poker Tourney
21 Sports Sunday	22 Fish Lure Making Earth Day	23 Dog Training Bollywood Movie	24 Darts Tourney	25 Putt Tourney	26 Movie Night	27 Poker Tourney
28 Sports Sunday	29 Wilderness Survival Training Pool Tourney	30 Basic Vehicle Maintenance Bollywood Movie	All activities start at 7 PM unless otherwise specified.			

**Richardson**

**NEW WORKSHOPS**  
Sign up for our Workshops! Must have at least 10 sign ups to run the class.  
Sign up online/Mindbody today!



**PIONEER. WORLD MEN'S CURLING**  
LETHBRIDGE 2019  
March 30-April 7  
Watch @ Theatre




Starts April 9  
**STANLEY CUP PLAYOFFS**  
Watch @ Theatre



**2019 NFL Draft**  
Apr 25-27  
Watch @ Theatre

**1000 Rep Challenge**  
Dumbbell Bench Press



Locations:	Red: Theatre	Grey: Games Room	<b>**Blue: Recreation Workshops</b>	Dark Grey: Fitness Studio
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\*\* See Poster for Workshop Locations