






Monthly Wellness Theme:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	McKay Lodge
Back In Action! Spine Awareness 	All activities start at 7 PM unless otherwise specified.					1 Cribbage Tourney	2 Dice, Decks & Duels	NEW WORKSHOPS Sign up for our March Workshops! Must have at least 10 sign ups to run the class. Sign up online/Mindbody today!
	 See Info Table Mon-Fri 5:00-5:30 PM	3 Darts Tourney	4 Fish Lure Making Foosball Tourney	5 Dog Training Leisure Activities	6 Pool Tourney	7 Jam Night	8 Cribbage Tourney	
Book a Massage!  See Massage Poster for This Month's Massage Dates!	10 Darts Tourney	11 Nutrition 101 Foosball Tourney	12 Wilderness Survival Training Leisure Activities	13 Pool Tourney	14 Jam Night	15 Cribbage Tourney	16 Dice, Decks & Duels	Major League Baseball Season Begins March 20 Watch @ Richardson Theatre 
	17 Darts Tourney	18 Basic Vehicle Maintenance Foosball Tourney	19 Motorcycle Safety Leisure Activities	20 Pool Tourney	21 Jam Night	22 Cribbage Tourney	23 Dice, Decks & Duels	
24 Darts Tourney	25 The Man's Cookbook Foosball Tourney	26 Bible Study Class Leisure Activities	27 Pool Tourney	28 Jam Night	29 Cribbage Tourney	30 Dice, Decks & Duels	1000 Rep Challenge Rowing Race Be the first to get to 1000 Minutes! 	

Locations:	Grey: Rec Room	Dark Grey: Fitness Studio	**Blue: Recreation Workshops	Red: Rec Room	Dark Red: Rec Room
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** See Poster for Workshop Locations