






Monthly Wellness Theme:		Sun	Mon	Tue	Wed	Thu	Fri	Sat	Albian Sands
Back In Action! Spine Awareness 		All activities start at 7 PM unless otherwise specified.					1 PingPong Tourney	2 Dice, Decks & Duels	NEW WORKSHOPS Sign up for our March Workshops! Must have at least 10 sign ups to run the class. Sign up online/Mindbody today!
							JAM NIGHT	Movie Night*	
 See Info Table Daily 5-5:30 PM	3 Darts & Foosball Tourney	4 Poker Night	5 Putting Green	6 Fish Lure Making	7 Dog Training	8 PingPong Tourney	9 Dice, Decks & Duels	 MINDBODY. Get the App	
	TV Show*	CHES NIGHT	TV Show*	TV Show*	JAM NIGHT	Movie Night*			
 NEW Hot Stone Massage	10 Darts & Foosball Tourney	11 Poker Night	12 Putting Green	13 Nutrition 101	14 Wilderness Survival Training	15 PingPong Tourney	16 Dice, Decks & Duels	Major League Baseball Season Begins March 20 Watch @ Dry Lounge 	
	TV Show*	CHES NIGHT	TV Show*	TV Show*	JAM NIGHT	Movie Night*			
Book a Massage!  See Massage Poster for This Month's Massage Dates!	17 Darts & Foosball Tourney	18 Poker Night	19 Putting Green	20 Basic Vehicle Maintenance	21 Motorcycle Safety	22 PingPong Tourney	23 Dice, Decks & Duels	 PIONEER. WORLD MEN'S CURLING LETHBRIDGE 2019 March 30-April 7 Watch @ Dry Lounge	
	TV Show*	CHES NIGHT	TV Show*	TV Show*	JAM NIGHT	Movie Night*			
24 Darts & Foosball Tourney	25 Poker Night	26 Putting Green	27 The Man's Cookbook	28 Bible Study Class	29 PingPong Tourney	30 Dice, Decks & Duels	1000 Rep Challenge Rowing Race Be the first to get to 1000 Minutes! 		
TV Show*	CHES NIGHT	TV Show*	TV Show*	JAM NIGHT	Movie Night*				

Locations:	**Blue: Recreation Workshops	Grey: Games Room	* Red: Auditorium See Auditorium Schedule	Dark Grey: Yoga Studio	Dark Red: Dry Lounge
------------	-------------------------------------	------------------	--	------------------------	----------------------

** See Poster for Workshop Locations